

Tell Me Press

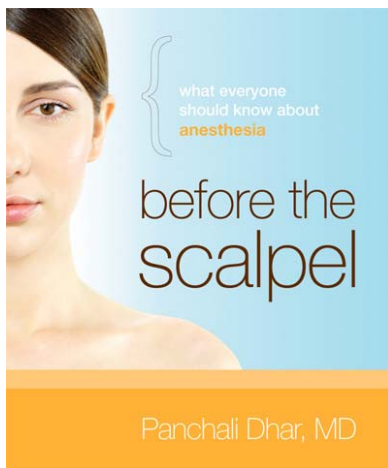
98 Mansfield Street
New Haven, CT 06511
203 562 4215
tellmepress.com



Monday, January 19, 2009

[Behind the Scalpel by Panchali Dhar, MD - Virtual Book Tour](#)

Before the Scalpel: What Everyone Should Know About Anesthesia **by Panchali Dhar, MD**



The decision has been made: you are going to have surgery. You've met with your surgeon. You have a good idea what will happen during the operation. But how much do you know about the anesthesia?

Did you know, by the age of 50 most people have had at least 3 or 4 encounters with some form of anesthesia? Before you or a loved one undergoes another surgery or medical procedure, this book will enable you to empower yourself and learn the basic questions to ask about anesthesia.

Did you know 1 in 7 Americans will be getting plastic surgery in the next 5 years. By the year 2015, 55 million plastic surgery procedures will be done annually.

Why is superstar Beyoncé afraid of childbirth? She said on having a baby: “No way! I’m terrified of delivering a child because I saw my nephew being born. That traumatized me. I’m only 27. I’ve got time....” Hear what Dr. Dhar has to say about how to eliminate that fear and give birth pain-free.

Every mother and father’s nightmare: The phone rings. It’s the day care center or the school. Your child has had an accident and was rushed to the hospital. Your child needs surgery and must undergo anesthesia. What does this mean? You’ve tried to educate yourself about childhood diseases and symptoms and be prepared to take care of routine first aid situations. But now you’re in a panic! Read this book to be prepared and know what questions to ask.

Author **Panchali Dhar, MD**, is an Assistant Professor of Clinical Anesthesiology and Anesthesiologist at New York-Presbyterian Hospital/Weill Cornell Medical Center and is board-certified in Internal Medicine and Anesthesiology. She has demystified the process and terms associated with anesthesia and arranged the information in an easy to understand topic-by-topic sourcebook. Dr. Dhar takes you into the complicated, fascinating, cutting-edge world of anesthesia.

In ***Before the Scalpel: What Everyone Should Know about Anesthesia***, Dr. Dhar explores such real-life topics as:

- Pain-relief options during *Labor and Delivery*
- Facts to know before deciding on *Plastic and Cosmetic Surgery*
- Why children are not just “small adults” when it comes to anesthesia
- How obesity adds risk to surgery and anesthesia
- The common fear of awareness during anesthesia

In ***Before the Scalpel: What Everyone Should Know about Anesthesia***, Dr. Dhar walks readers through the various steps that ensure a safe and pain-free experience during medical procedures that may require or benefit from anesthesia. *Before the Scalpel* is formatted and illustrated for quick and easy reference in an interactive manner. This is a take-along-book to the doctor’s office, with outlines and room to make notations. Each chapter is a mini crash course for any person who is concerned about the anesthesia aspect of surgery.

<http://virtualblogtour.blogspot.com/2009/01/behind-scalpel-by-panchali-dhar-md.html>

Tell Me Press
Parenteau Guidance/Gail Parenteau – [Public Relations](#)
212.532.3934 – gail@parenteauguidance.com
www.tellmepress.com