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BOOKS AND AUTHORS

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Panchali Dhar, MD and *Before the Scalpel*

Each and every one of us is apt to need some type of surgery in our lifetime. While surgeries are performed daily, there are some things we all should know and take into consideration before we put our trust in a doctor—things that could make a world of difference to you as a patient. These things are addressed by Dr. Panchali Dhar in *Before the Scalpel: What Everyone Should Know about Anesthesia*.

Author Panchali Dhar, MD, is an Assistant Professor of Clinical Anesthesiology and Anesthesiologist at New York-Presbyterian Hospital/Weill Cornell Medical

Center and is board-certified in Internal Medicine and Anesthesiology. She has demystified the process and terms associated with anesthesia and arranged the information in an easy to understand topic-by-topic sourcebook. Dr. Dhar takes you into the complicated, fascinating, cutting-edge world of anesthesia

In Before the Scalpel: What Everyone Should Know about Anesthesia, Dr. Dhar walks readers through the various steps that ensure a safe and pain-free experience during medical procedures that may require or benefit from anesthesia.

Before the Scalpel is formatted and illustrated for quick and easy reference in an interactive manner. This is a take-along-book to the doctor's office, with outlines and room to make notations. Each chapter is a mini crash course for any person who is concerned about the anesthesia aspect of surgery.

In Before the Scalpel: What Everyone Should Know about Anesthesia, Dr. Dhar explores such real-life topics as:

- **Pain-relief options during Labor and Delivery
- **Facts to know before deciding on Plastic and Cosmetic Surgery
- **Why children are not just “small adults” when it comes to anesthesia
- **How obesity adds risk to surgery and anesthesia
- **The common fear of awareness during anesthesia

I will be sharing some videos by Dr. Dhar and next week will be sharing a review of her book. Please come back and check it out!

<http://joyce-anthony.blogspot.com/2009/03/panchali-dhar-md-and-before-scalpel.html>

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