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Here's a Self-Advocacy Book that Can Change Your Life!

Before the Scalpel: What Everyone Should Know about Anesthesia, a new book from Tell Me Press.

The decision has been made: you are going to have surgery. You've met with your surgeon. You have a good idea what will happen during the operation. But how much do you know about the anesthesia?

Did you know, by the age of 50 most people have had at least three encounters with some form of anesthesia? Before you or a loved one undergoes another surgery or medical procedure, this book will enable you to empower yourself and learn the basic questions to ask about anesthesia.

Author **Panchali Dhar, MD**, is an Assistant Professor of Clinical Anesthesiology and Anesthesiologist at New York-Presbyterian Hospital/Weill Cornell Medical College and is board-certified in Internal Medicine and Anesthesiology. She has demystified the process and terms associated with anesthesia and arranged the information in an easy to understand topic-by-topic sourcebook. Dr. Dhar takes you into the complicated, fascinating, cutting-edge world of anesthesia.

In ***Before the Scalpel: What Everyone Should Know about Anesthesia***, Dr. Dhar explores such real-life topics as:

- Pain-relief options during *Labor and Delivery*
- Facts to know before deciding on *Plastic and Cosmetic Surgery*
- Why children are not just "small adults" when it comes to anesthesia
- How obesity adds risk to surgery and anesthesia
- The common fear of awareness during anesthesia

In ***Before the Scalpel: What Everyone Should Know about Anesthesia***, Dr. Dhar walks readers through the various steps that ensure a safe and pain-free experience during medical procedures that may require or benefit from anesthesia. *Before the Scalpel* is formatted and illustrated for quick and easy reference in an interactive manner. This is a take-along-book to the doctor's office, with outlines and room to make notations. Each chapter is a mini crash course for any person who is concerned about the anesthesia aspect of surgery.

breaking news...the future... Mortality rates from anesthesiology continue to decline. New technology, smarter doctors, informed patients cited for this successful trend. We look forward to discussing this further with you. Dr. Dhar is available for interviews now.

BEFORE THE SCALPEL:
ISBN-13: 978-0-9816453-0-8
24.95
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