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“Cold Pizza for Breakfast: A Mem-Wha?”

by [Ben Steelman](#)

I confess a weakness for Christine Lavin, the ditzzy-as-a-fox folk singer and cabaret performer, who’s drawn a cult following for such songs as “Cold Pizza for Breakfast” and “Sensitive New Age Guy.”

(I love her song, “Planet X” — Lavin was a Pluto devotee well before it was demoted from planet status. Neil deGrasse Tyson actually quotes the lyrics in his book, “The Pluto Files.”)

I hope you saw Bob Workman’s wonderful story about her in the Thursday (May 6) StarNews. (In case you didn’t, here’s a link: <http://www.starnewsonline.com/article/20100504/ARTICLES/100509903>.) The news peg, of course, is that Lavin is returning to Thalian Hall for shows May7-9 in the upstairs ballroom. It’s part of her 25th anniversary “What Was I (Ever!) Thinking?” tour. (Thalian Hall details: http://www.thalianhall.org/index.php?flag=rainbow_room_artists)

OK, why am I going on about this in a book blog? Well, also as part of this 25th anniversary thing, Lavin has written a book: “Cold Pizza for Breakfast: A Mem-wha?” from Tell Me Press (\$21.95). It’s a lot of terrific road stories (Bob Dylan passes through) and the kind of war yarns that musicians trade (i.e., how Ervin Drake came to write “It Was A Very Good Year.”)

Officially, the book is not supposed to hit the stores until June 1, but my spies in tht Thalian Hall box office tell me the book will be on sale at theater during Lavin’s appearances.

Lavin’s been pretty prolific. She put together a kids’ book, “Amoeba Hop,” with illustrator Betsy Franco Feeney, and her cartoon books (including “Planet X” and “The Great Big Bug”) are apparently collectors’ items.
