



Photo by Irene Young

Christine Lavin

Besides touring for the past 25 years, "Christine Lavin has recorded 20 solo albums and produced 9 compilation

CDs showcasing the work of songwriters whose work she loves." She also cooks, knits, has been known to guest-DJ, and Christine is quite adept at baton twirling — even flaming ones!

But apparently all that was still not enough to satisfy her hunger to create . . . or, more importantly,

COLD PIZZA FOR BREAKFAST: A MEM-WHA??

FOR BREAKFAST: A MEM-WHA??

Yes, it is the story of her life. It begins at childhood and includes the mean piano teacher, her aversion to learning to read music and scads of compelling anecdotes concerning her life, her music and her experiences in the music business. However, being the gifted

her desire to entertain and enlighten. On June 1st, the multi-talented artist will be releasing **COLD PIZZA**

**Christine with Rat Jessel singing
"A Firefly's Life" at Jim Caruso's
Cast Party.**



Photo by Steve Sorokoff

and let Fate find a way."

Allowing Fate to "find a way" ties directly into Christine's inspiring ability to embrace whatever happens as being what she truly needed at that precise moment.

Throughout the

storyteller — and knitter — that she is, Christine also threads some underlying themes throughout her book that stitch her seemingly disparate experiences together into a unified, meaningful whole.

book there are numerous examples of Christine seemingly reaching an impasse . . . only to stumble upon the exact person who could help her move on to the next level. But the lesson is not necessarily that life will take care of you, it's more

One such theme is allowing Fate to "find a way." In one passage, Lavin writes, "That night I vowed that the next time that I was asked to do anything on a temp job, no matter what it was, even if I didn't know how, I would say that I could



Photo by James Madison Thomas

Christine onstage with the incomparable Don White. "There is simply nobody like him. Go see for yourself: www.donwhite.net."

the fact that you need to be open and accepting in order for life to work its magic.

Christine Lavin is as talented, witty and effervescent in print as she is on stage. Her "Mem-wha??" **COLD PIZZA FOR BREAKFAST** is both engaging and enlightening. A brilliant songwriter and dynamic performer, Christine is at once unflinchingly honest and delightfully upbeat when it comes to documenting her observations and

Five Tidbits From Christine:

"It's never a good idea to save your A-+ material for the next album or your possible encore."

"To touring musicians packing a car is a highly prized art."

"If you have any other skills besides singing, writing songs and playing an instrument, work them into your show."

"When someone offers you work you really don't want to take, demand more money than you think they could ever possibly pay."

"Never assume anything about anyone in show business."



experiences in the music business. The true beauty of **COLD PIZZA** is its universal appeal; the multitude of life lessons contained within these pages will catapult Lavin to the top of Oprah's reading list for sure!

However, the book is more than a memoir, it is also a wonderful multimedia resource for music, songwriting, performing and life in general. It features photographs and memorabilia from Christine's fantastic voyage, song lyrics, an extensive appendix and index, and Christine's list of her 1,000 favorite songs. It's a compendium of all

things Christine, if you will . . . and if you haven't guessed it by now anything having to do with Christine is a marvelous thing!

And just to prove how totally cool she is, Christine sent over this note: "As a bonus to your readers, anyone who emails me at christine@yellowtailrecords.com, I will send them the mp3 of the **MYSTERY DISK** which is a special companion piece to the book."

The **MYSTERY DISK** is a fabulous hour-plus collection of witty, intelligent stories and delightfully engaging songs gathered from Christine's absorbing live performances.

Furthermore, Christine writes that you can visit her homepage at www.christinelavin.com and click on "books" at the top of the page to jump to a special place on her site that includes: "Bonus photos that almost made it into the book; the article 'Turning Point' written by my brother Christopher about my brothers Greg and Tom during the Vietnam war (I refer to it in the



Photo by Kelli King

Randy Graff, Emily Bindiger, David Ippolito and CL. "This is quite a photo, Randy Graff is a Tony-winning actress, Emily is 1/8 of the Harmony Sweepstakes Winners 'The Accidentals,' and David Ippolito is 'The Guitar Man Of Central Park.' Love his t-shirt."

book and say the article is at my site); Grit Laskin's version of the 'Gas Siphoning' prank; A growing list of best performers I got see at Jim Caruso's Cast Party at Birdland (too long to include in the book); Two lost chapters ('Jingles' and 'Why Not Popular In China I'); and The Afterword

You can order **COLD PIZZA FOR BREAKFAST: A MEM-WHA??** directly from the publisher at www.tellmepress.com. It is also available at www.Amazon.com, www.barnesandnoble.com or wherever books are sold.